

Utah Arthritis Advisory Council

February 10, 2009

11:30-1:30 pm

Room: 125

Minutes

In attendance:

Nicole Bissonette
Rebecca Castleton
Randy Tanner
Karen Mangum
Steve Wixom
Jorge Arce-Larreta
Olga Rubiano
Leslie Nelson
Lynette Hansen
Michaelene Waters
Nicole Harvey
Dale Aguirre
Vicky Wilson
Vanessa Harbour
Fahina Tavake-Pasi

Conference call:

Kim Bell
Jessic Garcia
Allen Sawitzke
Patti Cross
Lisa Fall

1. Introductions & Updates

2. Data Updates (Randy Tanner)

Review of the 2009 Burden Report

- This is the 4th burden report
- Using 2005-2006 Data
- 3000 Utahans reported arthritis
- Age, race, income, obesity and health status are factors
- Question or comment to Randy
- The report will be posted on the Arthritis website when complete

Jorge – Is interested in Hispanic data and numbers (Randy)

Review of Fact Sheets:

2006 Arthritis-related Inpatient Hospital Discharges and Costs

- 9,006 inpatient hospital discharges in 2006
- Total charges \$240 million
- Average cost per visit \$27,000
- 6,832 discharges associated to knee and hip replacements
- Total charges of hip and knee replacements \$193 million

2006 Arthritis-related Pediatric Inpatient Hospital Visits and Costs

- \$1.4 Million primary diagnosis
- \$11,650 average charge per visit
- Managed Care was the primary source of payment

Did You Know?

- 2007 – 407,000 Utah adults 18 and older reported arthritis
178,000 men
229,000 women
- 34.5% are obese
- 49.5% reported fair or poor health
- 42.6% reported 7 or more days of poor health
- 50.5% reported diabetes
- 45.9% of adults who had high blood pressure also had arthritis

Utah's Health Report

3. Mini-Grant Project Updates (Nicole)

Funding for community group:

- Evidence based programs
- Exercise
- Self help - Spanish
- Enhanced fitness program
- CDSMP
- Active living every day

Everyone is using UDART to enter information.

Will continue to fund mini grants for the next three years and increase funding if possible.

CDSMP workgroup was developed – how to move forward.

We would like to continue to fund the same mini grant recipients if possible.

Evaluation done in April – let those interested continue in May.

Will issue RFP if more people are needed – continue with what we have.

All mini grants recipients' usage have been a success

Next year will work on marketing.

4. CDSMP Project Overview (Nicole)

- The majority of recipients chose CDSMP program
- Meeting once a month
- Reviewing best practices
- CDSMP – six week training
- Contracting – setting realistic goals.

CDSMP Conditions Report – review of numbers (data as of Feb 13):

- 55.6% reported Arthritis
- 30.6% reported Chronic Joint Pain
- 38.9% reported Diabetes
- 34.7% reported High Blood Pressure
- 31.09% reported High Cholesterol
- 43.1% reported having 3 or more conditions
- 22.2% reported having 2 conditions
- 27.8% reported having 1 condition

Asthma Program is interested in working with CDSMP – the Asthma Program is working with pharmacies and will be sharing the information with them.

Expand – CDSMP work group course

A complete class schedule is on the Arthritis Program website.

New CDSMP web pages are in the works.

Partners/Referral partners: Cancer Program/HU/

The challenge is getting people into the classes.

Data is being entered as the information comes in – we will review numbers quarterly.

Meetings are open to everyone: 2nd Monday of each month 10:30 – call in number is: 538-1711

5. Completed Project Updates (Nicole)

Senior Expo:

- 6-7 thousand people attended.
- 10 booths
- Partners
- Presentations every hour Friday – 3 total on Saturday

- Maybe ½ a day next time?
- Keep seminars short – attention span 10-15 minutes
- There is no seminar this year

Buenos Dias Arthritis:

Spanish media campaign

- Radio advertisement
- Commercials
- Posters and book markers
- Almost – 40% of audience was effectively reached
- 71,100 net reach

6. New Marketing Projects (Rebecca)

Twitter and Facebook - Review of hand outs

- Free social networking
- Free advertisement
- Listing up-dates
- Facts
- Connects with followers
- Quick and easy to update information
- By word of mouth advertising.

CDSMP Marketing kit (sample binder):

Marketing information collected will be put on the website for samples and ideas.

- Get info., flyers, handouts etc to Rebecca Castleton

Web updates: Program for a Healthy Life has been added with three new page links and class schedule link.

7. UDART (Rebecca)

What it is and how we have been using it?

- Data collection
- Reporting programs
- User friendly
- Print out feed back
- Report progress
- Send information by the 10th
- View feed back by the 20th
- Must log into UDART to get feed back.

8. State Plan 2007-2011: (Everyone) 30-40 min

http://www.health.utah.gov/arthritis/arthritis_statePlannNB3.pdf

- Look over state plan
- Idea's and input to Nicole
- Randy is finalizing power point presentation (10-15 minutes total)
- Start with rheumatologist
- Steve will help

9. Other as proposed by group

- What does group want to do?
- Larger group activities?
- Goal:
 - Monitor
 - Increase awareness
 - Participation
 - Partnerships
- If you know of anyone interested get information to Nicole.

Expand Reach:

- Partners
- National Partners
- March 28th leader meeting
- Vegas: April 25, 26 – Train the trainer

Flyers do not work need verbal referrals from physicians.

Add National Spanish link to website

Jessie – will share conference information at next meeting.

10. Next Meeting – July 09